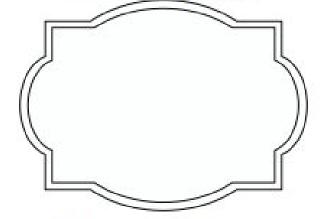# METACOGNITION Think Sheet

I'm thinking...
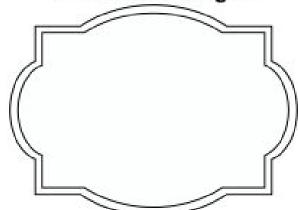
I'm wondering...
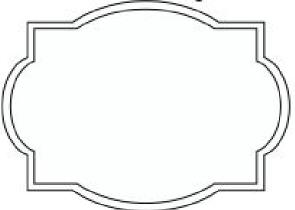
I'm noticing...
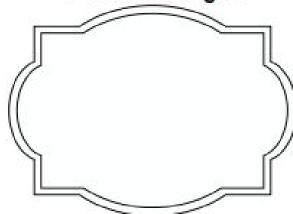
I'm seeing...

I'm feeling...

I'm understanding...